



South African Powerlifting Federation

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2024 IPF World Open Equipped Powerlifting Championships – Manager’s Report

The 2024 IPF World Equipped Open Powerlifting Championships took place in Reykjanesbaer, Iceland, from 11-16 November 2024. This was the main qualifier for the Equipped Powerlifting event in The World Games 2025. There were competitors from 37 countries in the Equipped Powerlifting events, 111 men and 108 women, as well as 19 Special Olympics athletes from 5 countries.

The South African team consisted of one athlete (Megan Leighton), and three officials (Hannie Smith, Vicki Botha and Heather Leighton). Megan was the only female athlete from Africa competing.

Megan achieved an excellent result – ending with a Top 10 finish in her weight category, and setting 2 new SA National records, and 2 new African records.

Overall Results

The full results of the World Equipped Open Powerlifting Championships can be found here:
<https://www.powerlifting.sport/championships/results/2024/world-open-equipped-powerlifting-championships-2024>

Detailed Results

WORLD Equipped Open Champs	Gender	Age Cat	Weight Cat	Squat	Bench	Deadlift	Total	Place	Records
Megan Leighton	Female	Open	63kg	155	112,5	167,5	435	10th	SA Open BP and single-lift BP records. African Open BP and single-lift BP records



President : Johan Smith
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Referees and Officials

Referees and Jury: The following SA referees officiated as Referees and on the Jury during the championship.

Hannie Smith

Vicki Botha

Heather Leighton

Designated Safeguarding Officer: Heather Leighton

Heather Leighton (November 2024)